

# UFE vs. Hysterectomy: Comparison Chart

| Feature                   | UFE<br>Uterine Fibroid Embolization | Hysterectomy                              |
|---------------------------|-------------------------------------|-------------------------------------------|
| Procedure Type            | Minimally invasive, non-surgical    | Major surgery                             |
| Incision                  | Tiny puncture in the wrist          | Large abdominal or laparoscopic incisions |
| Performed By              | Interventional Radiologist (IR)     | Gynecologist                              |
| Anesthesia                | Conscious sedation or general       | General anesthesia                        |
| Location                  | In-office or outpatient clinic      | Hospital (inpatient)                      |
| Hospital Stay             | None                                | 1–3 days typical                          |
| Average Recovery Time     | 7–10 days                           | 4–8 weeks                                 |
| Time Off Work             | 7–14 days                           | 4–6 weeks or more                         |
| Uterus Preservation       | Yes                                 | No — uterus is removed                    |
| Fertility Impact          | Possible future pregnancy           | No — fertility is eliminated              |
| Effectiveness on Symptoms | +90% symptom reduction              | 100% symptom reduction                    |
| Risks/Complications       | Lower risk                          | Higher risk due to surgery                |
| Scarring                  | None                                | Visible, depends surgery type             |
| Menopause Triggered       | No                                  | Yes, if ovaries removed                   |
| Hormone Therapy           | None                                | Required if ovaries removed               |
| Insurance Coverage        | Usually covered                     | Usually covered                           |

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